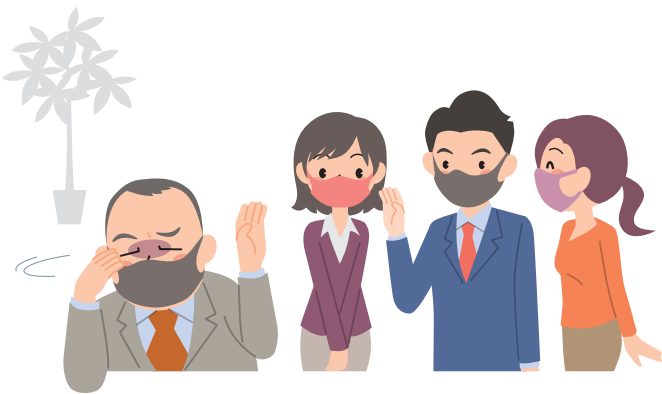


Precautions to be taken to prevent the spread of infection

In order to help prevent the spread of the novel coronavirus, please keep the following points in mind when attending events and dining together.



If you are not feeling well, do not attend events and refrain from dining together.



If you suspect that you have been infected with the novel coronavirus, depending on the status of the spread of the virus in your region, and depending upon the risk of your illness becoming serious, please cooperate with being examined and treated as an outpatient. * Call the consultation service of the local government in the area where you live if you have any questions about outpatient examinations, etc.



- When participating in events and dining together, ensure that basic infection prevention measures are taken, such as keeping an appropriate distance from other people, washing and sanitizing your hands and fingers, wearing a mask when appropriate, and ensuring ventilation.
- Follow the rules indicated by the event organizer, including wearing masks.

- Particularly the elderly, people with underlying conditions and those who come into such people on a daily basis should refrain from participating in event and from dining in places where conditions such as closed spaces, crowding and close-contact settings are likely, or basic infection prevention measures such as ventilation are not thoroughly implemented.



Also consider participating in events online, depending on your needs.

About Mask Wearing

When outdoors



In principle, it is not necessary to wear a mask outdoors, regardless of the season. However, it is recommended to wear a mask if you are conversing and cannot ensure distance from other people.

When indoors



In indoor environments, it is recommended to wear a mask except when distance is ensured and there is little conversation.

「ありがとう」が感染予防の輪をつくる



Telephone Consultation Service

■ Consultation services in each prefecture

(for questions about receiving medical examinations)

やさしいこほんご (Plain Japanese)

<https://www.covid19-info.jp/area-jp.html>

English

<https://www.covid19-info.jp/area-en.html>

Português (Portuguese)

<https://www.covid19-info.jp/area-pt.html>

简体中文 (Simplified Chinese)

<https://www.covid19-info.jp/area-cs.html>

繁体中文 (Traditional Chinese)

<https://www.covid19-info.jp/area-ct.html>

한국어 (Korean)

<https://www.covid19-info.jp/area-kr.html>

■ Ministry of Health, Labour and Welfare, Telephone Consultation Service

(for questions about outbreaks and general information)

 **0120-565-653** (9:00-21:00)

Available Languages English, 中文 (Chinese), 한국어 (Korean), Português (Portuguese), Español (Spanish),
ภาษาไทย (Thai), Tiếng Việt (Vietnamese)

Information regarding daily life support for foreign residents

■ Foreign Residents Support Center (FRESC)

(Immigration Services Agency of Japan)

<https://www.moj.go.jp/isa/support/fresc/fresc01.html>

■ A DAILY LIFE SUPPORT PORTAL FOR FOREIGN NATIONALS

Various language versions of a list of the support measures that are provided by each ministry as well as a list of local consultation services that are available for foreign residents.

Homepage: <https://www.moj.go.jp/isa/support/portal/index.html>